



beauty & massage

Hotel Melia' Coral*****

PRICE LIST 2010/2011

AYURVEDIC – Indian traditional massage

Min Kn Eur

ABHYANGA

Abhyanga massage helps the body get rid of all the harmful toxins. This is a full body massage with medicated oils aimed to balance specific conditions. The oils contain herbs and ingredients that help harmonize unbalanced Vata, Pitta and Kapha energies in the body

60' 470 kn 67 €

Abhyanga with 2 therapists

60' 900 kn 130€

Abhyanga with potala swedana

60'+20' 600 kn 85€

Abhyanga with Vasti

60'+30' 630 kn 90€

Abhyanga with Pichu

60'+20' 600 kn 85€

AYURVEDA LYMPHATIC DRAINING MASSAGE

The ayurveda lymphatic draining massage acts primarily on the lymphatic circulation thus modeling the body since the first session. This therapy helps lose weight (around 800 grams per session) and is an efficient method in fighting obesity and problems with cellulite and usually results in a feeling of wellbeing and pleasure accompanied by a notable deflation of the body

60' 470 kn 67€

SHIRODHARA

A deeply relaxing treatment. Warm herb enriched oils enriched are poured in a gentle and continuous stream over the forehead.

The procedure enhances synchronizing brain waves and profoundly calms the mind, harmonizing the body and the spirit.

Shirodhara stimulates blood circulation to the brain thus potentially improving memory, nourishes the hair and scalp, and helps fight stress and tension.

55' 900kn 130€

SHIROBHYANGA

An ancient technique ideal for relaxation and relief of mental fatigue and confusion. It helps in creating more clarity of mind and to invigorate brain activity. The oils used in this massage contain calming herbs that also have a powerful stimulating effect on the brain, nerves and sensory organs. Soothing massage of the head, neck & shoulder using warm herbal oils.

55' 455kn 65€

NASYA - SINUS TREATMEN

A neck and shoulder treatment with oil application, facial lymphatic massage, followed by deep inhalation of aromatic steam and nose drops enriched with herbs (nasya). The treatment is designed to help clear all impurities from the head area, helps in opening blocked sinuses and stimulates healthy energy flow within the head and neck area. It works on all the senses

80' 550 kn 78€

and creates a wonderful feeling of openness and clarity in this area. A great treatment for all daily bombarded with pollutants and too many sensory stimulation, and for those who experience chronic head and neck problems including allergies, headaches, asthma, and eye oversensitivity

PIZHICHIL

Treatment of the whole body. Soft massage with streams of lukewarm medicated oil: more than three liters of oil is used in this treatment to protect the body from illnesses by building up immunity. Very good for rheumatic diseases, arthritis, paralysis, sexual weakness, neurological disorders, high blood pressure, nervous weakness. Enhances good and healthy life energy and helps slowing the aging process
3 therapists

60' 1050 kn 150€

Local Pichu

30' 360 kn 51€

POTALA SWEDAM

A bundled cloth bowls warmed with steam or oil and filled either with herbs (**Kizhi**), herbal powders (**Churna kizhi**), and fried leaves (**Ela kizhi**), or sand (**Manal kizhi**), is used in a partial or whole body massage. The client may also be made to perspire profusely in a chamber using medicated steam. When applied continuously for a week, this therapy is known to improve conditions such as arthritis, chronic back pain, cervical spondylosis, pain and stiffness of joints, and other spastic and inflammatory conditions.

55' 470 kn 67€

VASTI

It is a localized treatment, extremely efficient against joint pain and muscular tension. The slightly heated medicated oil is then slowly poured inside the "ring" of black gram paste in order to keep the oil in the designated area. The oil is continuously poured, the "old" oil being wiped out and replaced with fresh warm oil. It can be applied to different parts of the body

KADEE VASTI: local application of the warm oil to the lumbar zone

55' 280 kn 40€

JANU VASTI: local application to the knees

40' 280 kn 40€

GREEVA VASTI: local application of the warm oil to the cervical zone

55' 280 kn 40€

NETRA (netra tarpanam) VASTI: local application of the warm "ghee" to the eyes and around the eyes

45' 420 kn 60€

ORIENTAL MASSAGE

THAI

Thailand traditional massage.

60' 470 kn 67€

Thailand traditional massage.

120' 720 kn 102€

Thailand traditional massage with healing Thai herbs.

40' 470 kn 67€

Thai massage treatment with aromatized plants and healing coconut oil (relaxing, detoxifying, soothing).	120'	900 kn	130€
Thai traditional massage 60' with extra Thai herb 20'	80'	600 kn	85€
SHIATSU			
Japanese massage of acupressure points and energy meridians	60'	600 kn	85€
CHI NEI TSANG			
Tibetan massage for decongestion of the internal organs.	60'	900 kn	130€
CRANIO SACRAL			
Treatment that harmonizes the cranio-sacral breathing. Movements are gentle starting from the head all the way to the very end of the spine	60'	900 kn	130€
<u>AROMAESSENSE MASSAGE (HOLE BODY)</u>			
ROSE D' ORIENT			
Relaxing massage with essential oils of neroli, chamomile, lavender and rose oil, shea butter, orange flower wax and bee wax that perfectly work in synergy	45'	550 kn	78€
GANESH			
Detoxifying massage with a mixture of oils of macadamia nut and red palm tree with essential oils of sandal, patchouli, pelargonium and rosemary	45'	550 kn	78€
SANDAL			
Foot relaxing massage and activation of micro-circulation using shea butter, macadamia oil and essential oils of lemongrass, black pepper, pinewood and angelica	45'	550 kn	78€
TAO			
Toning massage with rich polysandry with trace elements.	45'	550 kn	78€
<u>MASSAGE OF THE ELEMENTS</u>			
FIRE MASSAGE			
Cupping for muscle relaxation or anti-cellulite massage with sweet almond oil, lavender, cypress and cinnamon essential oils	55'	550 kn	78€

WATER MASSAGE

Lymph drainage massage with detoxifying effects with essential oils of juniper, cypress, grapefruit and ginger 55' 550 kn 78€

EARTH MASSAGE

Anti-rheumatic, anti-cellulite and skin-regenerating massage with the application of healing mud. 55' 550 kn 78€

PARTIAL MASSAGE

SKY PARTIAL MASSAGE

Partial, local massage using healing almond oil 20' 200 kn 28€

Partial, local massage using healing almond oil 30' 300 kn 42€

Partial, local massage using healing almond oil 45' 360 kn 51€

FOOT REFLEXOLOGY

Reflexology foot massages treatment (with oil). 45' 470 kn 67€

HAND REFLEXOLOGY

Reflexology hand massages treatment with oil). 45' 470 kn 67€

CERVICAL

Partial neck massage for better blood circulation that improves head flexibility 15' 150 kn 21€

THAL'ION BODY CARE

Immerse yourself in the ocean and reap its benefits. THAL'ION body care invites you to return to the source of well-being, to experience pleasure and serenity. True beauty rituals, the ideal treatments are chosen after a detailed evaluation and are always applied manually for optimum performance and complete well-being. Your treatment program will be entirely customized to provide you with the best solution for your specific needs.

BALANCE AND VITALITY

SEA MINERAL EXPERIENCE

After a sea salt exfoliating ritual, the body is covered in a layer of seawater gel which, gently heated helps the body to absorb natural minerals from the gel. Revitalizes and regenerates the skin. 60' 300 kn 42€

BENEFICIAL MINERAL SOURCE

The body is covered in a layer of calcium and magnesium-rich marine mud in wrap or in mask form. The mud helps the body relieve the stress, relieves muscle tension and joint stiffness.

60' 540 kn 77€

RELAXATION

BACK RELAXATION

Deep manipulations of the neck, shoulders, nape and back to relieve all tension.

45' 420 kn 60€

FIGURE

MARINE SLIMMING

The body is generously exfoliated and covered in laminaria mineral-rich seaweed from Brittany. Intense and powerful treatment aid to slimming and detoxifying process.

75' 600 kn 85€

SLIMMING BALNEOLOGY

The seawater rejuvenation soak bath treatment followed by massage with seaweed cream containing brown seaweeds full of minerals that stimulate the slimming process.

75' 600 kn 85€

TRIPLE-ACTION SLIMMING

Slimming, detoxifying and firming body wrap with a cocktail of seaweeds. Pleasurable and efficient!

75' 600 kn 85€

SLIMMING & SERENITY PRESTIGE

An excellent relaxing and slimming treatment, teaming up a sea wrap with a M.E.R technique massage.

120' 900 kn 130€

FIRMING PERFECTION

A toning, anti-ageing body mask, ideal for firming the skin following pregnancy or weight loss. Purpose: to sculpt the figure, firm and improve skin texture.

60' 540 kn 77€

BUST PERFECTION

A special bust and cleavage treatment that restores skin firmness, tonifies and refines this delicate area.

45' 420 kn 60€

TONED LEGS

Instantly relieving toning treatment for heavy legs. Helps reshaping, and gives lightweight , vitality,

30' 300 kn 42€

and feeling of long-lasting freshness.

BODY DRAINAGE

Toxin eliminating shape refining body and leg massage especially efficient against circulation and water retention problems.

60' 600 kn 85€

STRETCH-MARK ACTION

Comprehensive, preventive and reducing treatment against stretch-marks restoring the skin's elasticity.

75' 600 kn 85€

RITUAL PAR EXCELLENCE

CELLU'CONTOUR

Intensive, made-to-measure anti-cellulite treatment. Its active ingredients, extremely rich in marine and vegetable extracts, are combined with innovative sculpting massage techniques. Results (redefined contours) are visible after the first treatment.

90' 900 kn 130€

INTENSIVE ANTICELLULITE PROGRAM / TONIC / DETOX

Healing
Peeling
Massage

120' 900 kn 130€

BEAUTY REVELATION

LASTING SOFTNESS

Body exfoliation ritual with essential oils and moisturizer. Improves the skin giving it long-lasting softness and suppleness.

30' 380 kn 53€

SUN BLUSH

Ideal for a natural tan effect. Delightful sea exfoliation combined with a fine layer of self-tanning product that gives the body an even and radiant golden tan

30' 380 kn 53€

SUN RELAXATION

M.E.R technique massage followed by all over application of self-tanning lotion. Relaxes and gives a perfect, sun-kissed tan!

60' 540 kn 77€

RITUALS FOR BODY AND MIND

THALI' SENS - A NEW EXPERIENCE OF TREATMENT

Thali' sens unites Thalassotherapy know-how with the cornucopia of nature originating in faraway places – beyond the seas and oceans. The spa wellbeing treatment is combined with

marine efficiency to give you wonderful skin and ultimate relaxation. The treatment menu invites you to rediscover yourself. By traveling from one world of beauty to another, we hear the needs of our bodies; we revisit the sense of touch and finally achieve harmony. During the treatment, tensions fade away, the body feels lighter and the skin becomes soft and radiant. The essential qualities of Thali'sens embody the spirit of these exotic destinations and will flood the senses with feelings reminiscent of these faraway places: free yourself of toxins with Orient, revitalize and tone yourself with Atlantic, enjoy the feeling of calm of Asia, the sensation of complete relaxation of Polynesia, and finally discover a new energy with Amazon. **Thali'sens** offers an escape from time and space, from here and now – by incorporating customized movements and rituals providing new experiences to the senses and touch to the skin.

ORIENT - THE DETOXIFYING ORIENTAL ITINERARY

With warm movements, the ritual helps the body to rid itself of toxins, the skin becomes beautiful. The body is restored to a feeling of well-being as in the Oriental tradition of purification.

120' 1300 kn 186€

ATLANTIC - THE REVITALIZING ATLANTIC DIVE

The ritual is composed of a special massage technique, using Atlantic Coast mineral-rich ingredients that recharge the organism.

120' 1300 kn 186€

ASIA - THE SOOTHING ASIATIC ESCAPE

One imagines Asia as a land full of beauty and serenity. The ritual with Asia in its name is created to provide a complete feeling of well-being, thanks primarily to the comforting textures of the creams, but also to the gentle, slow movements. A real invitation to enjoy rare and precious moments.

120' 1300 kn 186€

POLYNESIA - THE RELAXING POLYNESIAN JOURNEY

Caressing, pleasurable and relaxing ritual efficiently helping to get rid of stress and agitation with the tiare flower essence and coconut oil

120' 1300 kn 186€

AMAZONA - THE ENERGIZING AMAZONIAN ESCAPE

Mysterious ritual reminiscent of humid jungle atmosphere and wild vegetation.

120' 1300 kn 186€

THALI'SENS A LA CARTE TREATMENTS

Thali'sens offers you ideal choice for escape. Exfoliations, body wraps, massages. Experience various delightful original sensorial rituals

EXFOLIATIONS

VENT DE SABLE

Gentle body exfoliation with purifying Vent de Sable scrub containing seaweeds with argan oil and ghashoul. Dead cells and impurities are eliminated to reveal exfoliated, purified and silky skin.

40' 360 kn 51€

GRAIN DE MER

Body exfoliation with the powder that is a real marine cocktail composed of 3 seaweeds with different grains, to exfoliate gently and efficiently, and replace lost minerals

40' 360 kn 51€

EAUX CALMES

Enzyme body exfoliation with white peel containing rice bran, seaweeds and exotic fruits is applied over the whole body (without rubbing). The ingredients gently cleanse the skin. Under the warm body mask, tension is gradually released.

40' 360 kn 51€

TENTATION CRISTALLINE

Gently exfoliating, magnificently scented pleasurable silky smooth texture body scrub with coconut pulp.

40' 360 kn 51€

ROUGE CORAIL

Stimulating body detoxifying scrub rich in nutritious ingredients and Brazil nut oil. Skin is revived and deeply cleansed.

40' 360 kn 51€

BODY-WRAPS

ÉPICES ET ALGUES

The whole body is covered with the gently heating wrap containing a special cocktail of pepper, curcuma, seaweeds and ghassoul. Effects: cleansing, purifying, stimulating, draining and detoxifying the skin and body.

40' 360 kn 51€

SECRET D'ALGUES

Algae treatment to improve the mineral balance in the body (one of the mainstays of our 5 balances) containing active marine ingredients, mineral salts and trace-elements.

40' 360 kn 51€

ÉCUME NACRÉE

Calming and pampering treatment with caressing iridescent mousse wrap prepared with yuchayu oil, rice bran and seaweeds.

40' 360 kn 51€

TRANSPARENCE D'ATOLL

Calming treatment with a body wax containing highly nutritious and regenerating coconut oil and spirulina.

40' 360 kn 51€

PROFONDEUR DES TERRES

Energizing treatment with Profondeur des Terres paste, made from seaweeds, acerola and cocoa, followed by a warming wrap that acts like a second skin. The body is relieved of tensions, regenerated and revitalized.

40' 360 kn 51€

MASSAGES

OCÉAN DE SOLEIL

Firm yet rhythmical massage with precious sesame, argan and spirulina oil. Applied warm, it works on pressure points to gently stretch the muscles and joints, improving blood flow and relaxing the abdomen.

60' 550 kn 78€

AU RYTHME DES VAGUES

Generous, energizing but pampering massage with a rich, melting seaweeds cream. Massaged, kneaded and stretched, by soothing yet energetic movements, the body is relaxed and toned.

60' 550 kn 78€

SOUFFLE DE SATIN

Soothing massage using delicate, smooth oil with rice bran and seaweeds. Caresses, pummeling, kneading, are alternately applied to the main meridians of the body to stimulate their energy.

60' 550 kn 78€

FÉERIE DU LAGON

Slow and rhythmic pressure massage with a turquoise gel that upon application on the body, magically turns into a marvelous cream. Pampering treatment for the feeling of ultimate wellbeing.

60' 550 kn 78€

ONDE BOISÉE

Toning and draining massage with the oil containing Brazil nut, spirulina and crithmum maritimum. Gentle stretching of the skin, slow and deep movements over the whole body, finishing at the scalp.

60' 550 kn 78€

BATHS

MÉTAMORPHOSE DE L'EAU

A transparent pure wax that moisturizes and nourishes, is applied to the body before entering a lovely warm bath. As if by magic, the wax turns into comforting and soft milky water with the delicious scent of green tea.

30' 360 kn 51€

THAL'ION FACE CARE

THAL'ION skin care products offer the best the Ocean has to offer. Highly concentrated formulas fit in with THAL'ION's specific skin care treatments for an optimum result.

ESSENTIAL BEAUTY

ABSOLUTE HYDRATION

An ideal hydrating treatment for extremely dry skin. The completely moisturized skin is soft, complexion brightened.

60' 540 kn 77€

INTENSE NUTRITION

A nourishing treatment for the driest of the skins. Skin is plumped up; softness, suppleness and beauty completely restored.

60' 540 kn 77€

INFINITE GENTLENESS

An authentic soothing treatment for delicate and sensitive skin. Skin is soothed and calm.

60' 540 kn 77€

EXTREME PURITY

Made-to-measure treatment for combination and oily skin. A perfect solution for imperfect skin restoring matt quality and purity. The dullness is removed leaving the skin's surface cleansed and refined.

60' 540 kn 77€

INITIAL YOUTH

BEAUTY ENHANCER

A quick yet efficient treatment dedicated primarily to active women treatment fills the skin with concentrated active ingredients providing visible results in a record time. The skin is left relaxed, and radiant.

45' 420 kn 60€

ULTIMATE RADIANCE

A truly innovative solution combining the benefits of sea and fruit enzymes with vitamin C to stimulate cell renewal in dull skin. The complexion is visibly radiant right from the first treatment.

75' 600 kn 85€

HYDRALIFT

Double acting treatment preventing the signs of ageing and intensely moisturizing. Early signs of ageing are visibly erased and the appearance of fine lines is reduced. Skin is revived and the complexion is evened out.

75' 600 kn 85€

OXYGEN EXPERT

Treatment for stressed skin, often damaged by living in the fast lane. The skin is regenerated with minerals, trace elements and vitamins that boost the body's natural defense mechanisms.

90' 700 kn 100€

TIMELESS YOUTH

FIRMING ACTION

An ideal comprehensive treatment for sagging and tired skin. Increases the skin's firmness, helps recovering skin elasticity and redefining the contours of the face.

75' 600 kn 85€

ANTI-AGEING EXPERT

Specially-designed treatment to combat the effects of time, restoring a youthful appearance, diminishing the appearance of wrinkles and fine lines.

90' 700 kn 100€

EYE BEAUTY

EYE LIFT

Oxygenating, firming and instantly smoothing treatment for the eye area. Visibly reduces appearance of fine lines and wrinkles.

30' 360 kn 51€

EYE SMOOTHING

Extremely efficient yet gentle anti-puffiness and dark shadows reducing treatment. Gives the eyes sparkle, glint and shine.

30' 360 kn 51€

PAR EXCELLENCE RITUAL

ABSOLUTE LIFT

Intense anti-ageing solution to combat wrinkles and sagging skin. By using customized restructuring massage, the features are given a relaxed look. Results: the complexion recovers its original radiance right from the first treatment. Visibly reduces the signs of ageing!

90' 900 kn 130€

THALI WITHE

Specific treatment for skin with pigmentation problems.

90' 900 kn 130€

THAL'ION MEN'S CARE

THAL'ION Laboratories provide solutions that meet the specific needs of men offering a wide range of special beauty rituals: three ultra-specific rituals for real, instant results. Strength and energy work hand in hand to help recover tonicity and vitality.

FOR MEN

FACIAL OXYGEN BOOSTER

High-tech treatment that combines performance and relaxation for a 100 % result. Replenishes, energizes, tones and visibly firms the skin. Includes deep scalp, face and shoulder massage.

90' 900 kn 130€

ENERGISING MASSAGE

A combination of toning and relaxing massage to restore balance. Signs of fatigue and stress are instantly reduced. Relaxed and recharged, the body regains strength and vitality.

60' 540 kn 77€

BACK RELAXATION

Extremely relaxing treatment that combines muscle massage and a seaweeds and marine mud wrap. Accumulated tension is momentarily relieved for the instant feeling of wellbeing.

45' 420 kn 60€

BODY DETOX

An excellent treatment that includes a sea salt exfoliating ritual followed by covering the body in a fine layer of detoxifying seaweeds, ending the ritual with a special draining massage to combat the circulation problems

75' 600 kn 85€

HIDROTHERAPY

ORIGINAL MARINE BATH

A deeply relaxing 100% natural marine care starting with a purifying exfoliating, followed by a nourishing beneficial bath with concentrated sea elements. Replenishes minerals to neutralize signs of stress and fatigue in the body.

One person

60' 400 kn 57€

For two persons

60' 750 kn 107€

HIDROTHERAPY BATH RELAX / FLOW / TONIC / DETOX

Manual back massage and sea bath with seaweed, mixture of essential oils of sandalwood, tonka bean, lavender, neroli, frankincense, myrrh and petit grain. Relaxing but also very powerful due to the concentration of sea active principles and Aromasence bath.

Tea and fresh fruit.

60' 360 kn 51€

Treatment for two.

60' 600 kn 85€

AROMATIC HIDROTHERAPY

Hidromassage with personalized mix of essential oils and mineral salt.

Tea and fresh fruit if desired.

60' 360 kn 51€

HIDROMASSAGE WITH ALGAE

Anti-cellulite treatment with mixture of detoxifying algae. 30 '

Tea, fresh and dry fruits.

60' 360 kn 51€

HEALING MUD WRAPS

Istrian healing mud, with extra cleansing action, great for fighting cellulite and muscle and joints pain.

60' 300 kn 42€

Wrapping with concentrated sea algae wrap.

60' 300 kn 42€

WAXING

Entire legs

200 kn 28€

Legs - partial	150 kn	21€
Bikini area	100 kn	14€
Above the upper lip area	72 kn	10€
Eyebrows plucking	72 kn	10€

MANICURE

Esthetic manicure	200 kn	28€
Nail art	270 kn	38€
French manicure	270 kn	38€

WELLNESS MANICURE

Beautifying and relaxing wellness manicure including peeling, manicure, paraffin treatment and hand massage.	420 kn	60€
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HAND HEAVEN

A special, gentle, nourishing and protective hand treatment to strengthen nails and soften the skin.	30'	380 kn	53€
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PEDICURE

Aesthetic	200 kn	28€
Medical	300 kn	42€
Nail painting	72 kn	10€

VELVET FEET

A comprehensive relaxing, nourishing foot beauty treatment. Includes exfoliation, relaxing bath and energizing massage.	30'	380 kn	53€
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FOOT SPA

Aesthetic pedicure with mask application for tired feet, foot reflexology	80'	470 kn	67€
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FOOT SPA FOR PREGNANT WOMEN

Aesthetic pedicure with application of special mask for tired feet and reflexology treatment.	80'	470 kn	67€
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**THE TREATMENTS' DURATION TAKES INTO ACCOUNT
DRESSING AND UNDRRESSING TIMES.**

FOR A TREATMENT, THE EFFECTIVE DURATIONS ARE RESPECTIVELY:

30 MINUTES - 20 MINUTES
60 MINUTES - 50 MINUTES
120 MINUTES - 110 MINUTES

For information and reservation call:

TEL. 00385/52/ 701-027 MOB. 00385/ 99/223 7 223
